

Advanced Specialty Care: Allergy & Asthma

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Antihistamines and certain other medications interfere with the accuracy of allergy skin testing.

The following is a list of common antihistamines. In addition, many **cold/sinus preparations** and **eye drops** contain antihistamines. Some **herbs, plants and supplements** (including naturopathic/homeopathic) may also decrease the accuracy of allergy skin testing, and therefore all such products should be withheld for *one week* prior to testing

Examples of Antihistamines

Do not take for this number of days before the test date:

Zyrtec (Cetirizine)	6 days
Xyzal (Levocetirizine)	6 days
Clarinet (Desloratidine)	7 days
Claritin/Claritin-D, Alavert (Loratadine)	5 days
Allegra (Fexofenadine)	4 days
Most older antihistamines:	3 days
Benadryl (Diphenhydramine), Actifed, Allerest, Nyquil, Chlor-Trimeton, Triaminic, Dimetapp, Drixoral, Tavist, etc.	

Medications ending in "PM" (such as Tylenol PM, Advil PM, Motrin PM)	3 days
Mucinex Allergy	4 days
Thera-flu (Pheniramine), Ny-quil	3 days

Periactin (Cyproheptadine)	4 days
Atarax (Hydroxyzine)	6 days
Astelin Nasal Spray (Azelastine), Astepro, Dymista, Ryaltris	5 days
Patanase	4 days
Tricyclic Antidepressants:	*6 days

- *Elavil (Amitriptyline)
- *Pamelor (Nortriptyline)
- *Tofranil (Imipramine)
- *Sinequan (Doxepin)
- *Desipramine

***IMPORTANT:** Do not stop any medication with a * without consulting the prescribing physician.

Meclizine (Antivert, Bonine, Dramamine)	4 days *3 days
*Remeron (Mirtazapine)	*8 days
*Abilify (Aripiprazole)	*8 days
*Seroquel (Quetiapine)	*7 days
*Wellbutrin (Bupropion)	*3 days

Midol	3 days
Topical Doxepin cream	13 days
Optivar and Elestat Ophthalmic Solution	4 days
All other allergy eye drops (Patanol, Pataday, Bepreve, Opcon A, Naphcon-A, Zaditor)	3 days

IF you are experiencing hives or other allergy symptoms that will make you uncomfortable when antihistamines are withheld, **DO NOT STOP** your medication prior to the doctor's office visit.

Testing Codes: 95004 - max 80 units 95024 - standard 23 units